·临床报道·

人工牛黄甲硝唑胶囊联合云南白药治疗复发性口腔溃疡的临床观察

罗建红

（云南省曲靖市第一人民医院口腔科，曲靖　655000）

【摘要】 目的　观察人工牛黄甲硝唑胶囊联合云南白药治疗复发性口腔溃疡的临床效果。方法　选取复发性口腔溃疡患者80例，随机分成2组，观察组给予人工牛黄甲硝唑胶囊口服及云南白药粉外用，对照组给予华素片含服。比较2组的临床疗效及平均愈合、平均症状消失和平均复发时间。结果　观察组经治疗后溃疡愈合快，疼痛症状缓解明显，复发间隔时间延长，无不良反应，优于对照组（$P<0.05$）。结论　人工牛黄甲硝唑胶囊联合云南白药治疗复发性口腔溃疡，内服加外用安全且疗效显著，值得在临床上进一步推广和应用。

【关键词】 复发性口腔溃疡　人工牛黄甲硝唑胶囊云南白药　临床疗效

Clinical observation of the treatment of recurrent oral ulcer by artificial cow-bezoar and metronidazole capsules combined with yunnan baiyao

Luo Jianhong

（Department of Stomatology, Qujing First People's Hospital of Yunnan Province , Qujing　655000）

【Abstract】 Objective　To observe the effect of artificial cow-bezoar and metronidazole capsules combined with yunnan baiyao on the treatment of recurrent oral ulcer. Methods　80 patients with recurrent oral ulcer were randomly assigned into treatment group and control group. The treatment group was treated by oral administration of artificial cow-bezoar metronidazole capsules and external use of Yunnan baiyao white powder, and the control group was treated by sublingual administration of cydiodine buccal tablets. The clinical curative effects and the average healing, average symptoms disappear and average recurrence time were compared between these two groups. Results　The oral ulcer healed faster in the treatment group, the pain symptoms was obviously relieved, and the recurrence interval was extended. No adverse reaction was observed. The clinical curative effect was better than the control group（$P<0.05$）. Conclusion　The artificial cow-bezoar metronidazole capsules combined with yunnan baiyao had safe and effective effects on the treatment of recurrent oral ulcer by intemal and external use. It is worthy of further promotion and application in clinic.

【key words】 Recurrent oral ulcer　Artificial cow-bezoar and metronidazole capsules　Yunnan baiyao Clinical curative effect

复发性口腔溃疡是临床最常见的口腔黏膜疾病之一，因易反复发作而成为口腔门诊病人复诊率最高的疾病，口腔溃疡的发病机制尚未完全研究清楚，一般认为与维生素缺乏、免疫因素、心