

·基础与临床研究·

“3A+2P” 医患互动对糖尿病患者种植义齿修复后的糖代谢及牙周指数的影响

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【摘要】目的 探究“3A+2P”医患互动对糖尿病患者种植义齿修复后的糖代谢及牙周指数的影响。**方法** 选取2018年1月至2019年1月收治的糖尿病种植义齿修复后患者100例,按随机数字表法分为2组,各50例。对照组给予常规干预,观察组给予“3A+2P”医患互动干预,对比2组糖代谢指标、牙周指数及种植义齿留存率。**结果** 观察组干预3个月后糖代谢指标优于对照组,差异有统计学意义($P<0.05$);观察组干预3个月后牙周指数低于对照组,差异有统计学意义($P<0.05$);观察组干预3个月后种植义齿留存率高于对照组,差异有统计学意义($P<0.05$)。**结论** “3A+2P”医患互动应用于糖尿病患者种植义齿修复中,可有效改善患者的糖代谢指标,降低其牙周指数,同时还可提高种植义齿留存率,值得推广。

【关键词】 “3A+2P” 医患互动 糖尿病 种植义齿 糖代谢指标 牙周指数

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The effect of "3A + 2p" doctor-patient interaction on glucose metabolism and periodontal index of diabetic patients after implant denture repair

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【Abstract】Objective To explore the effects of "3A+2P" doctor-patient interaction on glucose metabolism index and periodontal index after implantation of dentures in diabetic patients. **Methods** A total of 100 patients with diabetes implants treated with dental implants from January 2018 to January 2019 were enrolled. The patients were divided into two groups according to the random number table, 50 cases each. The control group received routine intervention, and the observation group was given "3A+2P" doctor-patient interaction intervention. The glucose metabolism index, periodontal index and implant denture retention rate were compared. **Results** The glucose metabolism index of the observation group was better than that of the control group after 3 months of intervention ($P<0.05$). The periodontal index of the observation group was lower than that of the control group after 3 months of intervention ($P<0.05$); The retention rate of implant dentures in the observation group was higher than that in the control group after 3 months of intervention, and the difference was statistically significant ($P<0.05$). **Conclusion** The "3A+2P" doctor-patient interaction is used in the treatment of implant dentures in diabetic patients. It can effectively improve the glucose metabolism index, reduce the periodontal index, and improve the

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